### **XP** Methods

(http://www.extremeprogramming.org/rules.html)

- 1. Planning
- 2. Designing
- 3. Coding
- 4. Testing

### Method Interrelationships



# 1. Planning

- 1. User stories are written.
- 2. Release planning creates the schedule.
- 3. Make frequent small releases.
- 4. The Project Velocity is measured.
- 5. The project is divided into iterations.
- 6. Iteration planning starts each iteration.
- 7. Move people around.
- 8. A stand-up meeting starts each day.
- 9. Fix XP when it breaks.

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## 1.1 User Stories

- Used for time estimation and planning
  1, 2 or 3 weeks of *ideal development time*
- Replace requirements documents
- Written by the customer
- Three sentences
- Source of acceptance tests
- Focus on user needs

## 1.2 Release Planning

- Release = iteration\*
- Iteration = user story\*
- Time or scope (feature) boxed
- Project velocity
- Just-in-time iteration planning
- "scope, resources, time, and quality"
  - Management sets 3 of 4; development the other



# 1.4 Project Velocity

- Add up estimates for the user stories that were finished during an iteration
  - Use this as a limit for the next iteration
  - [actual time/user-story estimates = fantasy factor]
  - [Available time/fantasy factor = estimated time allowed]
- Total up the estimates for the programming tasks finished during the iteration
  - [Same adjustment as above]
- Must still make an initial (uninformed) estimate

## 1.5 Iterative Development

- Each iteration 1-3 weeks
- Constant over the course of the project
  - Heartbeat
  - Promotes accurate, velocity-based estimates

# **1.6 Iteration Planning**

- 1-3 weeks per iteration
- Based on prioritized user stories and failed acceptance tests
  - Snow plowing
- Project velocity from the last iteration is used to determine how much to do
- Programming tasks written on index cards
  Each task is 1-3 *ideal programming days*
- Developer selection and time estimation

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## 1.7 Move People Around

- Cross training
- Risk reduction strategy
- Pair programming

# 1.8 Daily Stand Up Meeting

• Problems, solutions, focus

- Requires co-presence and synchrony

### 1.9 Process Improvement

• Explicit rules

# 2. Designing

- 1. Simplicity.
- 2. Choose a system metaphor.
- 3. Use CRC cards for design sessions.
- 4. Create spike solutions to reduce risk.
- 5. No functionality is added early.
- 6. Refactor whenever and wherever possible.

# 2.1 Simplicity

- "Do the simplest thing that could possibly work"
- Little, if any, up-front design

## 2.2 System Metaphor

Class and method naming consistency

### 2.3 CRC Cards

- Design level
- Simulated execution of a user story
- Completed cards can serve as documentation

## 2.4 Spike Solutions

- Risk-reduction strategy
- Throw-away solution to a programming problem

# 2.5 No Early Functionality

- Avoid implementing future requirements
- Avoid added generality

### 2.6 Refactor Mercilessly

- Replaces up-front design
  - Amortization
- Bad smells
- Refactoring catalog

# 3. Coding

- 1. The customer is always available.
- 2. Code must be written to agreed standards.
- 3. Code the unit test first.
- 4. All production code is pair programmed.
- 5. Only one pair integrates code at a time.
- 6. Integrate often.
- 7. Use collective code ownership.
- 8. Leave optimization till last.
- 9. No overtime.



#### Collective Code Ownership

🥃 Zoom Out



## 3.1 On-Site Customer

- Customer is part of the development team
- Writes user stories
  - Supplements with details
- Negotiate priorities
- Helps create test data

## 3.2 Coding Standards

- Agreed to before hand
- Promotes collective code ownership

### 3.3 Test First

- Write the unit tests before writing the code
- Firms up requirements
- Helps define when the coding is done
- One test; then simplest code to satisfy it; then another; ...
- Actually speeds things up

## 3.4 Pair Programming

- Improved quality without reduction in productivity
- Tactics and strategy
- Jelling

## 3.5 Sequential Integration

- Sequential  $\Rightarrow$  clear cut *latest* version
- Requires a locking mechanism
  - Physical token
  - Single machine

## 3.6 Integrate Often

- Source code repository updates several times per day
- Forces frequent communication and rapid response to bugs
- One pair at a time integrates
  - [Frequent updates required]

## 3.7 Collective Code Ownership

- Anyone can change any code
- Unit tests protect integrity
- [Egoless programming] Weinberg
- [Release bugs imply everyone stops what they are doing to help fix the problem]
- Improved understanding of the code
  - Risk reduction

## 3.8 Optimize Last

- Measure first
- "Make it work, make it right, then make it fast"

### 3.9 No Overtime

- Cannot be sustained
- Adding resources typically fails
- Better to reduce scope

# 4. Testing

- 1. All code must have unit tests.
- 2. All code must pass all unit tests before it can be released.
- 3. When a bug is found tests are created.
- 4. Acceptance tests are run often and the score is published.

### 4.1 Unit Tests

- Framework
- All code
- Write tests before code
- Protects your code when others change it
- Enables refactoring
- Enables frequent integration

### 4.2 Tests Control Release

- Tests released with code
- No release without all tests being passed

## 4.3 Unit Tests for Bug Fixes

- Acceptance test
- Leads back to unit tests

### 4.4 Acceptance Tests

- Created from user stories
- Black box system tests
- Verified by customer
- Used as a progress metric [hurdle scoring]

# Critique

- Volatile requirements
- Small groups
- Modest projects; functionality dominant
- Customer availability
- Limited external document requirements
- Discipline replaces management control
- Teamwork